

Free School Meals

School Meals are **FREE** to all children in **Reception, Year 1 and Year 2**. Your child may also be entitled after Year 2. This also provides extra funding to your school. You can register your child for Free School Meals if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit
- Working Tax Credit

To apply for free school meals please visit:

www.gov.uk/apply-free-school-meals.

We serve balanced and nutritious food.

- ▶ 75% of meals are freshly prepared
- ▶ 50% of produce is locally sourced
- ▶ All eggs are free range
- ▶ All fish used on our menus are Marine Stewardship certified (MSC).
- ▶ We do not add salt to any of our meals.
- ▶ We use Belton organic cheese.
- ▶ All puddings are made using reduced sugar recipes and fresh fruit is available daily.

Allergens and Special Diets

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the catering manager to discuss any dietary requirements you have.

Cheswardine Primary School Menu

June 2019 - April 2020



Fresh DINING

Shire Services HEAD OFFICE
Shropshire Food Enterprise Centre,
Battlefield Enterprise Park,
Shrewsbury, SY1 3TG.
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e-mail: shire.services@shropshire.gov.uk
website: www.shropshire.gov.uk/shire.services



You can follow us on Facebook as "Shire Services" and Twitter as 'Shropschoolmeal'

Education catering is our passion

Balanced and nutritious, freshly prepared school meals

Menu Weeks



	Monday	Tuesday	Wednesday	Thursday	Friday	Menu Dates
Menu Week 1	Breaded Chicken Steak Mash or Herby Pasta Mixed Salad Baked Beans Toffee Cake Custard	Beef Lasagne Potato Wedges Crusty Bread Carrots, Green Beans Cookie & Milkshake	Roast Beef & Gravy Yorkshire Pudding Roast & Mashed Potato Seasonal Vegetables Apple Crumble Custard	Chicken Korma & Rice Poppadum Cucumber Tomato & Sweetcorn Chocolate Brownie	Bubble Crisp Fish Chips Baked Beans Mixed Salad Fresh Fruit Platter	03/06/19 24/06/19 15/07/19 16/09/19 07/10/19 04/11/19 25/11/19 16/12/19 20/01/20 10/02/20 09/03/2
Menu Week 2	Pork Meatballs In Tomato Sauce Pasta Sweetcorn Peas Lemon Drizzle Slice	Cheese & Tomato Pizza Potato Wedges Mixed Salad Baked Beans Mini Doughnut Toffee Sauce	Roast Chicken & Gravy Sage & Onion Stuffing Roast & Mashed Potato Seasonal Vegetables Chocolate & Pear Sponge Custard	Beef Bolognaise Spaghetti Crusty Bread Mixed Salad Green Beans Apple Flapjack	Beef Burger Chips Baked Beans Sweetcorn Fruit Jelly	10/06/19 01/07/19 02/09/19 23/09/19 14/10/19 11/11/19 02/12/19 06/01/20 27/01/20 24/02/20 16/03/20
Menu Week 3	Fish Cake Potato Wedges Sweetcorn Baked Beans Oaty Cookie	Mac & Cheese Crusty Bread Peas Mixed Salad Chocolate Crunch Peppermint Sauce	Roast Pork & Gravy Apple Sauce Roast & Mashed Potato Seasonal Vegetables Blueberry Muffin	Cottage Pie Green Beans & Carrots Gravy Iced Sponge Custard	Pork Sausages Chips Peas Baked Beans Mango Sorbet	17/06/19 08/07/19 09/09/19 30/09/19 21/10/19 18/11/19 09/12/19 13/01/20 03/02/20 02/03/20 23/03/200 16/03/20

Jacket Potato with Choice of Topping Available Daily
Toppings: Baked Beans, Coleslaw, Grated Cheese or Tuna Mayonnaise

Food Allergen & Intolerance Information
 Before ordering speak to our staff about your requirements.