

All About Beaches

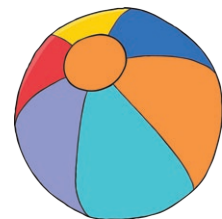
What Is a Beach?

Beaches are always found next to a stretch of water, such as the sea or a lake. Usually, they are composed of rock which could be in the form of sand, pebbles, gravel or shingle.

At some beaches, there is a high and low tide. This means that at certain points of the day, the sea comes further up the beach. On some beaches, at times, the sea completely covers it.

Beach Activities

Beaches are a popular choice for both a holiday or a day trip. As you can spend a full day there, many people choose to take a picnic. Other activities include building sandcastles of all shapes and sizes as well as playing a variety of ball games. People also choose to paddle at the seashore although it can be rather chilly. Those who are feeling brave may opt to go swimming! At some beaches, you can also find rock pools. There are lots of treasures to be found, including starfish and crabs.



Important Information

Make sure you always check high and low tide times before you visit a beach.

All About Beaches

Popular UK Beaches

It is popular belief that beaches in the United Kingdom are some of the safest and cleanest in the whole world. Amazingly, over 200 can be found along our coastline. There are also other man-made beaches, which can be found next to lakes.

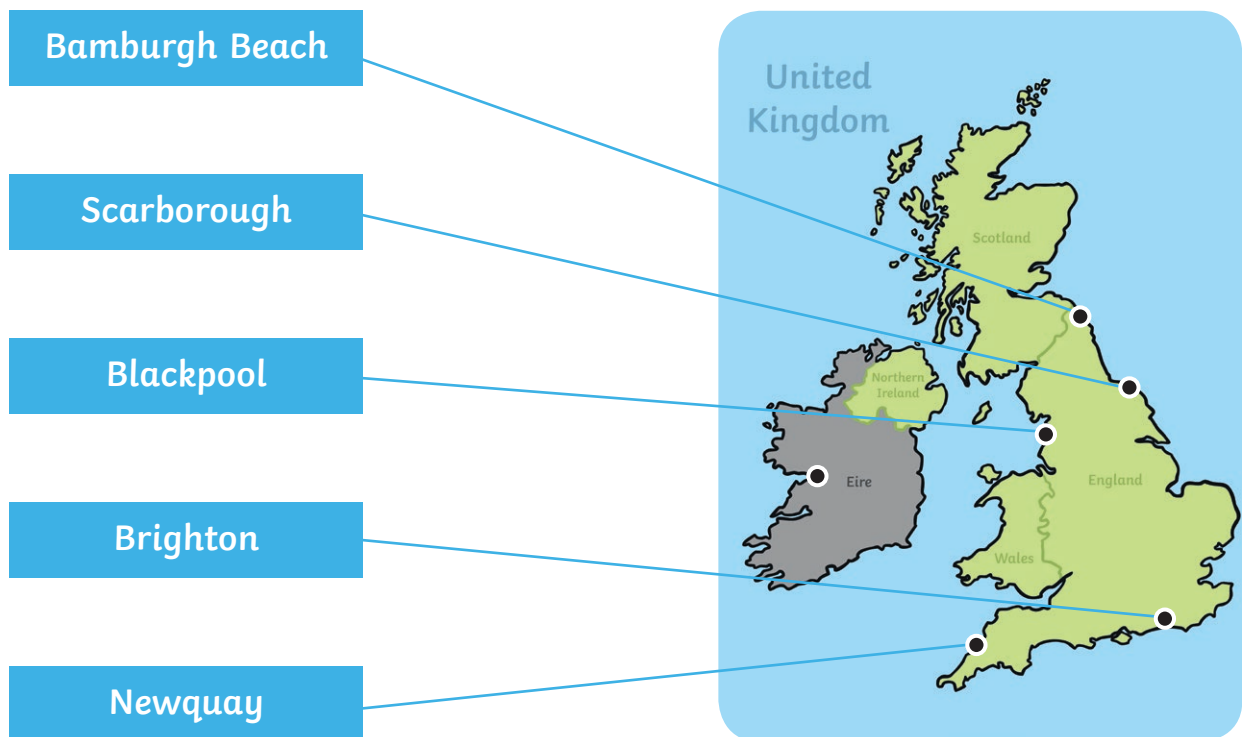
Blackpool Beach increased in popularity when the railway was invented.

Scarborough hosts two beaches, north and south, which are both very popular. The soft sands attract children and adults alike.

Brighton is a very popular beach in the south. It is covered in shingle and stretches for over five miles.

Newquay has many beaches and people travel from afar to visit.

Bamburgh Beach is overlooked by the castle. It is also home to many sand dunes.



Questions

1. In the phrase 'composed of rock', what does 'composed' mean?

2. Why might you be considered to be brave if you go swimming in the water?

3. Beaches are always found next to the sea. Tick one.

true

false

Explain your answer.

4. How did Blackpool beach become popular?

5. The text states that lots of treasures can be found in rock pools. What does this mean?

6. In your opinion, why should you check high and low tide before visiting a beach?

Answers

1. In the phrase 'composed of rock', what does 'composed' mean?

Composed means 'made up of'.

2. Why might you be considered to be brave if you go swimming in the water?

You might be considered to be brave if you go in the water because it is often very cold.

3. Beaches are always found next to the sea. Tick one.

true

false

Explain your answer.

False because sometimes beaches can be found inland away from the sea.

4. How did Blackpool beach become popular?

Blackpool beach became popular when the railway was invented.

5. The text states that lots of treasures can be found in rock pools. What does this mean?

It means that in rock pools there are lots of exciting and interesting things to find. It does not mean that there is real treasure.

6. In your opinion, why should you check high and low tide before visiting a beach?

Answers will vary but should refer to safety.