



COMBINED HARVEST APPEAL

HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS HARVEST

DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



SHOPPING LIST TOP TEN ITEMS

- Fruit juice (long life)
- Instant mash/Tin potatoes
- Rice pudding
- Custard
- Sponge puddings/cake
- UHT semi-skim milk
- Coffee
- Biscuits/Chocolate treats
- Tinned spaghetti
- Toiletries & Toilet rolls

*Don't forget...
You can help transform
more lives with a financial
donation too.*



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Registered Charity in England & Wales (1144116)

