

# Cheswardine Primary and Nursery School

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Executive Headteacher: Mrs R Williams



*Reach for the Stars*

1.4.22

Dear Parents/Carers

## **COVID update in line with DFE and government guidance changes 1.4.22**

As society is advised to 'live with COVID' so rules have changed in school, essentially prioritising every child's education and school attendance. Most of the specific COVID-19 guidance for education and childcare settings will be withdrawn from GOV.UK on Friday 1 April.

### **Respiratory Illnesses and Symptoms:**

Children and young people with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.

Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. They can go back to school, college or childcare, and resume normal activities when they no longer have a high temperature and they are well enough to attend.

### **Testing for COVID19**

It is now not recommended that children and young people are tested for COVID-19 unless directed to by a health professional.

If a child or young person has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults. Therefore after 3 days your child can return to school if they have no temperature.

Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.



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Adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days as stated.

Hopefully these changes will now see us all return to a more normal, less worrying school life.

Yours sincerely,

*REWilliams*

Rachael Williams (Executive Headteacher)



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