



SAFE RELATIONSHIPS AND FAMILIES



RECAP

Not all families are the same.

How to make friends and be a good friend.

That there are some positive and negative aspects of the internet.

CRUCIAL KNOWLEDGE

Know the school rules.

A growth mindset will help us to succeed. We should persevere, and show resilience.

How to stay safe online: keep your personal information private, respect other people, take care with what you share, report anything that concerns you.

How to be a good friend, and what a friendship boundary is.

How to recognise bullying and cyberbullying, how to support others and report issues.

Describe different types of family.

EXTENDED KNOWLEDGE

Show an understanding of alternatives points of view.

KEY VOCABULARY

Resilience	The capacity to <u>withstand</u> or to recover quickly from difficulties
Persevere	Continuing a course of action in <u>spite</u> of difficulty or opposition.
Growth mindset	That your ability improved through effort, learning, and persistence

Boundary	Personal limits for acceptable behaviour.
Bullying	Bullying is intentionally harmful behaviour that is often repeated over time.
Cyberbullying	Sending, posting, or sharing negative, harmful, false, or mean content about someone else.