



RE- WHY DO HINDUS WANT TO BE GOOD?



RECAP

- Hindus believe in one God 'Brahman', who is represented in many different ways through gods and goddesses or deities.
- They believe that the first sounds made was 'Aum' and this symbol is the main Hindu symbol.

CRUCIAL KNOWLEDGE

- Hindus believe that how we live during our life will determine how we live in the next life.
- Identify and explain Hindu beliefs, e.g. dharma, karma, samsara, moksha, using technical terms accurately (see vocabulary below).
- The 'atman' is pure, eternal and unchanging. It is someone's true self – how we think and feel inside.
- Hindus try to be good at every stage of their lives in order for their 'atman' to eventually be freed from 'samsara' and to become united with Brahman.
- 'Samsara' is the cycle of birth, death and re-birth.

EXTENDED KNOWLEDGE

- Gandhi lived in India 100 years ago. He fought against the British rule of his country.
- The Hindu story of 'The man in the well' is used to illustrate how it is easy to focus on the physical world but the more important thing to do it to focus on true nature and the universe.

KEY VOCABULARY

Dharma	Duty, by fulfilling their dharma Hindus believe they will attain moksha.
Samsara	The cycle of life, death and rebirth.
Reincarnation	The rebirth of the atman in another body.
Atman	The spark of Brahman in every living creature.
Duty	An obligation you have because of who you are.

Karma	The total of all a person's actions which decides their future existence.
Moksha	The release from the cycle of life, death and rebirth.
Brahman	A formless, ultimate reality, one energy or consciousness in the universe, the source of everything.
Ahimsa	The belief not to cause harm to any living creature.
Deity	Brahman channelled into different forms.